



# COVID-19 REOPENING GUIDELINES

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# REOPENING



## COVID - 19 PREVENTION

Union Point Sports will be reopening in alignment with the guidelines provided by the Commonwealth of Massachusetts. As new information becomes available, we will continue to update this document.

As it currently stands UPS is in Phase III Step II as of November 8th 2020.

Due to Massachusetts new State guidelines, Union Point Sports will close every night at 9:30PM.

**MASKS: FACE COVERINGS SHOULD BE WORN AT ALL TIMES BY PLAYERS, COACHES, PARENTS & SPECTATORS WHILE AT UNION POINT SPORTS. THIS INCLUDES DURING PRACTICES, GAMES, AND ANY SORT OF EVENT.**

**- NO SPECTATORS WILL BE ALLOWED INSIDE OF THE BUBBLE UNTIL FURTHER NOTICE.**

<b>Social Distancing</b>	<ul style="list-style-type: none"><li>• All persons, including employees, customers, and vendors should remain at least six feet apart to the greatest extent possible, both inside and outside workplaces</li><li>• Establish protocols to ensure that employees can practice adequate social distancing</li><li>• Provide signage for safe social distancing</li><li>• Require face coverings or masks for all employees and customers</li></ul>
<b>Hygiene Protocols</b>	<ul style="list-style-type: none"><li>• If available, provide hand-washing capabilities throughout the workplace</li><li>• Ensure frequent hand washing by employees and adequate supplies to do so</li><li>• Provide regular sanitization of high touch areas, such as workstations, equipment, screens, doorknobs, restrooms throughout work site</li></ul>
<b>Staffing and Operations</b>	<ul style="list-style-type: none"><li>• Provide training for employees regarding the social distancing and hygiene protocols</li><li>• Employees who are displaying COVID-19-like symptoms do not report to work</li><li>• Establish a plan for employees getting ill from COVID-19 at work, and a return-to-work plan</li></ul>
<b>Cleaning and Disinfecting</b>	<ul style="list-style-type: none"><li>• Establish and maintain cleaning protocols specific to the business</li><li>• When an active employee is diagnosed with COVID-19, cleaning and disinfecting must be performed</li><li>• Disinfection of all common surfaces must take place at intervals appropriate to said workplace</li></ul>



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## MASSACHUSETTS PHASE III STEP II INFORMATION SPORTS AND ACTIVITIES ALLOWED DURING PHASE III STEP 2

The risk associated with an activity is also dependent on the type of play. The following types of play are defined by level from least to greatest risk

Type of Play: The following types of play are defined by level from least to greatest risk.

- **Level 1:** Individual or socially distanced group activities (no-contact workouts, aerobic conditioning, individual skill work, and drills)
- **Level 2:** Competitive Practices (Intra-team/group games, contact drills and scrimmages)
- **Level 3:** Competitions (Inter-team games, meets, matches, races, etc.)
- **Level 4:** Tournaments (Outdoor only)

### LEVEL 3 AND LEVEL 4 PLAY – COMPETITION AND TOURNAMENT REQUIREMENTS

For the purposes of these guidelines, a **"Competition"** is defined as multiple participants or two teams competing against one another in a single contest. A competition includes inter-team games, matches, shows, meets, and races. Teams are limited to competing against a single opposing team per day and can play multiple competitions against the same team in a single day. Notwithstanding the foregoing, a team can play up to two games against two different opposing teams in a single day provided that the 1) games are played back-to-back, 2) the facility has multiple fields, courts, or surfaces that allow teams to distance between game transitions, 3) the facility has adequate transition space for all participants, including spectators and 4) no teams or individual players are required wait for their second game other than for a limited break between games to transition between one game to the second game.

A **"Tournament"** is a formal contest that consists of multiple competitions or a series of games between multiple persons or teams, that might include multiple stages, played in a condensed period of time, such as over the course of a single day or multiple days in a row. For the avoidance of doubt, a series of games, "jamboree" "weekend series" "showcase" or tournamentstyle play (one team playing multiple games vs. multiple opponents in a single day or over the course of a weekend), is still a tournament even if there is a lack of an overall prize, scores, eliminations, brackets, or otherwise.

Competition and Tournament Organizers must adhere to the following:





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## MASSACHUSETTS PHASE III STEP II INFORMATION SPORTS AND ACTIVITIES ALLOWED DURING PHASE III STEP 2 CONTINUED

- Sports and activities included in the **Lower Risk** category can participate in Level 1, 2, 3, 4 type of play.
- Sports and activities included in the **Moderate Risk** category can participate in Level 1, 2, and 3 type of play.
- Sports and activities included in the **Higher Risk** category category that require intermittent close proximity or moderate contact (basketball, lacrosse, ice-hockey, ultimate frisbee) or sports that require high contact but are only performed outdoors (football and rugby) can participate in Level 1, 2 and 3 type of play. For the avoidance of doubt, football and rugby must only engage in the permissible activities outdoors. Sports and activities included in the **Higher Risk** category that are performed indoors and require sustained high contact (wrestling, competitive cheer, pair figure skating) can participate in Level 1 and modified Level 2 cohort play

### STANDARDS FOR SPORTS & RECREATIONAL ACTIVITIES IN PHASE III, STEP II

Risk Level: Sports and recreation activities are categorized as "**Lower Risk**," "**Moderate Risk**," and "**Higher Risk**."

**Lower Risk** sports and recreation activities are characterized by:

- Sports or activities that can be done with social distancing
- Sports or activities that can be done individually

Examples: Tennis, pickleball, swimming, catch, disc golf, golf, individual biking, surfing, horseback riding, individual sailing, fishing, hunting, motor sports, no contact exercise classes, gymnastics, cross country, individual crew, alpine and nordic skiing.

**Moderate Risk** sports and recreation activities are characterized by:

- Sports or activities that involve intermittent close proximity or limited, incidental physical contact between participants

Examples: Baseball, softball, crew, sailing, track and field, cross country, running clubs, team swimming, volleyball, dance class, fencing, field hockey, no-contact lacrosse, soccer.

**Higher Risk** sports and recreation activities are characterized by:

- Sports or activities for which there is a requirement or a substantial likelihood of routine close and/or sustained proximity or deliberate physical contact between participants and a high probability that respiratory particles will be transmitted between participants

Examples: Football, wrestling, rugby, basketball, lacrosse, ice-hockey, competitive cheer, martial arts, ultimate frisbee.



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## MASSACHUSETTS PHASE III STEP II INFORMATION

### Outdoor Competitions & Tournaments Capacity Limits:

- o No more than 25 players on any surface/playing area for team/group sports.
- o In Phase 3, Step 1 Communities, no more than 50 people excluding players, coaches, referees or facility/activity workers in the aggregate in, on, or surrounding any surface/playing area or start/finish lines at any one time, provided that there is adequate space for spectators to maintain at least six feet social distancing.
- o In Phase 3, Step 2 Communities, no more than 100 people excluding players, coaches, referees, or facility/activity workers in the aggregate in, on, or surrounding any surface/playing area or start/finish lines at any one time, provided that there is adequate space for spectators to maintain at least six feet social distancing.
- o Municipalities that qualify as "Lower Risk communities" as provided in COVID19 Order No. 51 are advanced to Step 2 of Phase 3. All other municipalities remain in Step 1 of Phase 3 until public health data meets the "Lower Risk metric" as defined in COVID-19 Order No. 51.
- o No spectators are allowed for sports and activities played by individuals 21 years and older.

### Indoor Competition Capacity Limits:

- o No more than 25 players on any surface/playing area for team/group sports.
- o If an indoor facility has a chaperone or spectator viewing area which allows for at least six feet social distancing between spectators and the presence of spectators plus players, coaches, referees, and facility/activity workers does not cause the facility to exceed more than 50% of the maximum occupancy for the indoor facility, then spectators for players under 21 years old are allowed to attend. Spectators are limited to 2 adults (parents/guardians or chaperones) and siblings of a participating player.
- o Spectators must wear facial coverings and maintain six feet of social distance at all times.
- o No spectators are allowed for sports and activities played by individuals 21 years and older.
- Multiple Playing Surface Capacity Limits:
  - o For facilities with multiple fields, surfaces, courts, courses etc. the above capacity limitations for Outdoor Competitions & Tournaments and Indoor Competitions shall apply per playing field, surface, court, etc., provided that there is adequate spacing for at least six feet social distancing for all individuals, including those at adjacent fields, surfaces, courts, etc.
  - o Activity Organizers should set Competition and Tournament schedules with a time buffers to prevent the overlap of competitions or overlap of players/spectators from adjacent fields/surfaces/courts at any one time and to allow for disinfecting of equipment and cleaning of commonly touched surfaces, if necessary. Games should end in a draw if time expires.
  - o For facilities with multiple fields, surfaces, courts, courses etc. Facility Operators and Activity Organizers should mark off designated areas for spectators for each field, surface, court, etc. to minimize the overlap of spectators from adjacent fields, surfaces, courts, etc.



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## MASSACHUSETTS PHASE III STEP II INFORMATION TRANSPORTATION AND OUT-OF-STATE TRAVEL

### • Transportation

Facility Owners, Activity Organizers, participants, staff, coaches, volunteers and guardians/parents must also comply with all relevant transportation safety requirements, including but not limited to, ensuring that staff, volunteers, and parents/guardians are not transporting athletes that are not immediate family members. In the event that transportation of non-family members becomes necessary, all parties in the vehicle must wear cloth face coverings or face masks and to the extent possible have external air circulating in the vehicle such as opening a window.

### • Out-of-State Travel

**Low Risk Sports:** All participants, coaches, staff, volunteers, coaches, parents, and guardians traveling out-of-state to participate in a low risk Sport Event must strictly comply with all applicable travel restrictions and requirements of the home state and destination state, including but not limited to, any and all quarantine or testing requirements. All out-of-state teams or athletes of low risk sports coming into Massachusetts for Sport Events must be informed of and follow the Massachusetts travel order.

**Moderate Risk and High-Risk Sports:** Facility operators may allow only Massachusetts-based teams and Massachusetts-based participants of moderate risk and high-risk sports to participate in Massachusetts-based Sport Events held at Massachusetts sports facilities. Any Massachusetts-based athlete that chooses to leave the state to participate in a Sport Event must comply with the Commonwealth's Travel Rule before returning to work, school or attending public events. Furthermore, any Massachusetts-based team that chooses to leave the state to participate in a Sport Event or any Facility Owner or Activity Organizer that hosts an out-of-state team at a Massachusetts facility or allows an out-of-state player to participate on a Massachusetts-based team risks facility closure or suspension of a league's practices and/or games





## FACILITY CLEANLINESS/SANITATION

### PLAYING SURFACES

Clean using the appropriate EPA approved material for the surface:

- Door handles/door knobs, inside and out
- Vending Machine windows and buttons
- Field Gates where frequently touched
- Turf playing areas
- Soccer Goals & Lacrosse Nets
- Bathrooms
- Trash Barrels

### OFFICE SPACE

Clean using the appropriate EPA approved material for surfaces:

- Door handles & door knobs, inside and out
- Office desks, conference room tables, and chairs
- Floors & walls where frequently touched
- Bathrooms
- Kitchen Area





## EMPLOYEE GUIDANCE

### DAY TO DAY OPERATIONS

Provide protocols and guidelines to employees related to:

- Disinfection guidelines
- Disinfection Frequency in Facilities and Offices
- Ensuring that hand sanitizer stations are available on all fields for use by players, employees and coaches.
- Increase personal hygiene practices
- Wash hands with soap and water, and use hand sanitizer frequently.
- Avoid touching your face, eyes, or mouth.
- Practice good respiratory etiquette, including coughing/sneezing into a tissue or your elbow rather than into your hand.

#### Social Distancing Protocol

- Social Distancing in Office Areas
- Social Distancing in Common Areas
- Wearing a mask or face covering when unable to maintain Social Distancing
- Indoor facilities may be used only by supervised youth sports and summer sports camps for participants under 18. Use of indoor facilities for adult activities or for unsupervised youth sports or activities is not permitted.
- Limit any nonessential visitors, spectators, staff, volunteers, and activities involving external groups or organizations as much as possible. Visitors, spectators, volunteers and staff must wear face coverings.

#### Daily Self-Screening Protocol

- Isolation Protocol (for both staff and visitors/clients)
- Stay home if you feel sick
- Self Quarantining & Return to Work Protocol
- Visitors at Facilities
- Facility Signage





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## CUSTOMER GUIDANCE

Union Point Sports will provide additional protocols and guidelines to clients prior to the start of their rentals for which they are scheduled, including:

- Drop off and Pick Up Regulations (**Parents are asked to remain in their cars or drop off and pick up only**).
- An entry & exit pattern for the complex where the client's rental will take place, and staggered start/end times to ensure safe physical and social distancing.
- Sanitation of shared goals and nets.
- Water bottles can be kept with players on the fields. Re-useable water bottles are encouraged.
- Social Distancing for any parent or spectator staying to watch a practice (**We ask that all parents remain in their cars**).
- **MASKS: FACE COVERINGS SHOULD BE WORN AT ALL TIMES BY PLAYERS, COACHES, PARENTS & SPECTATORS WHILE AT UNION POINT SPORTS.**
- **ONLY Players, Coaches, Refs & Staff inside Bubble 1 & 2 due to Massachusetts State Government Guidelines**
- **Inside the bubbles, the capacity will be allowed up to 50% (according to Massachusetts Guidelines)**
- Clients must separate participants into groups of no more than 25, including coaches and staff. Larger playing areas and surfaces, such as athletic fields, may be used by more than one group of 25 at one time, provided that adequate social distance and group separation can be maintained. To ensure group separation, groups must be spaced at least 14 feet apart while using a field at UPS.
- Following the Massachusetts Reopening Plan for the physical and social distancing of players and coaches on the designated playing surfaces.



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## CUSTOMER/FACILITY GUIDANCE

### ***SAFETY STANDARDS FOR PLAY***

All Facility Operators and Activity Organizers of activities must develop and implement safety standards to minimize the risk of transmission of infection among participants, especially for High Risk sports and those sports conducted in indoor settings and are expected to ensure compliance by all participants. Safety standards should be disseminated regularly. Some of the mitigation strategies that should be incorporated into safety standards include, but are not limited to:

- Identifying measures that can be implemented to increase physical distancing, where feasible.
- Conducting the activity or sport outdoors where possible, as outdoor participation is generally safer than indoors and allows for greater distancing.
- Shortening activities, practices, and game play or performing the activity with fewer participants to the extent possible.
- Modifying the activity or sport to reduce the sharing of equipment or to allow for cleaning of shared equipment between participants.
- Utilizing cohorts, even if not required to do so as specified above, of the same participants over the course of an entire program or season.

### ***Mandatory Facial Coverings for All Sports:***

Facility Operators and Activity Organizers must require facial coverings to be worn by all participants during active play except:

- During swimming, water polo, water aerobics or other sports where individuals are in the water; or
- For individuals with a documented medical condition or disability that makes them unable to wear a face covering.

For purposes of this guidance, a facial covering means a face mask or cloth facial covering that completely covers the nose and mouth. Participants should take frequent breaks when they are out of proximity to other players, using caution to avoid touching the front or inside of the face covering by using the ties or ear loops to remove and replace. Participants for all sports must wear facial coverings on the bench at all times and in any huddles or time-outs. This requirement applies to all spectators and chaperones, coaches, staff, referees, umpires, and other officials.



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## COVID - 19 FACILITY PLAN



- The Covid-19 Facility Plan has been designed to allow for maximum social/physical distancing while attending training sessions at Union Point Sports.

- Fields will have separate entry and exit points in an effort to keep players in small groups. While waiting for training sessions to begin, or for family to pick up, players are asked to follow social distancing guidelines off of the field they are waiting to use. Clients will not be allowed to congregate around fields or in the parking lots after their rental has ended. Clients are asked to end practice 15 minutes prior to the end of your field rental to allow players and coaches to exit the field safely before the next field rental begins.

- Playing areas, field turf surfaces, & inside Bubble One are designated for coaches, players, refs & staff only



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